

SECTION
CASE MANAGEMENT SYSTEM

SUBJECT
Person-Centered Recovery Plan: Components

PLAN COMPONENTS

Each individual Person-Centered Recovery Plan (Form DPHHS-AMDD-135) shall include at least the following components:

1. Diagnosis, symptoms, complaints and complications indicating the need for services;
2. A description of the individual's functional level;
3. The individual's specific short-term objectives and long-term goals;
4. A discharge plan which describes elements necessary for independence;
5. Must include a minimum of two services. Case Management will not be counted as one of the services. It is not acceptable to have only residential and case management services;
6. Any orders for the following:
 - A. medication;
 - B. treatments;
 - C. restorative and rehabilitative services;
 - D. activities;
 - E. therapies;
 - F. social services;
 - G. diet; and
 - H. other special procedures recommended for the health and safety of the individual to meet the objectives of the Person-Centered Recovery Plan
7. The specific services to be provided, the frequency of services and the type of provider;
8. A psychosocial summary describing the individual's social, emotional, mental and financial situation attached to the initial Person-Centered Recovery Plan (Refer to Appendix 899-17.);
9. A Strengths Assessment will be used to identify the individual's strengths, needs, resources, past successes, and formal and informal supports;
10. A psychological crisis intervention plan which includes the following:
 - Description of what a crisis looks like for the individual
 - Description of what wellness looks like for the individual
 - Description of signs of relapse and triggers for the individual
 - Description of interventions that have worked in the past

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- Description of what the CMT needs to know about the individual to be effective during crisis
 - Description of what the individual feels is not helpful at the time of crisis
 - Description of actions to be taken to address the individual's needs
11. Medical crisis intervention plan;
 12. Formal (including state plan services) and informal supports and services;
 13. Emergency back up and evacuation plan (short and long term);
 14. A cost sheet which projects the annualized costs of Person-Centered Recovery Plan; and
 15. Signatures of all individuals who participated in development of the Person-Centered Recovery Plan including the individual, personal representative (if appropriate), the CMT and the CPO (Refer to Appendix 899-11).

